

# One-Day Stress Elimination Workshop

With Dr. Mort Orman, M.D., Founder of The Stress Mastery Academy

Saturday, May 28, 2016 (9am – 5pm)

Holiday Inn Express, Hunt Valley MD

## “HOW TO BECOME A LOW STRESS PERSON IN A HIGH STRESS WORLD”



For Business Owners, Executives, And Other Successful People Who Don't Have Time To Manage Their Stress

- Learn **The New Way** To Eliminate Stress From Your Life So You Can Be Happier, Healthier And Even More Prosperous
- Discover Why **Managing Stress** Is No Longer Necessary, And How It Is Actually Doing You More Harm Than Good
- Find Out Where **Stress Really Comes From**...It's Different Than Most People Believe
- Learn How To Improve Your Relationships, Tame Your Emotions, And Much More

**Unconditional Guarantee:** You'll Receive At Least \$5,000 In Take-Home Value From This Workshop Or Your Tuition Will Be Fully Refunded!

*“There will be no yoga, deep breathing or relaxation exercises of any kind in this workshop. Just pure, no-nonsense training that will open your eyes and expand your ability to eliminate stress. Are you up to the challenge?”* Dr. Mort Orman, M.D.

\*\*\*To Register **Call 410-948-0321** or go to **<http://DocOrman.com/May28>**\*\*\*

Full-Day Admission Only \$97 | Seating Is Limited